

# SUSHI & SASHIMI

## Maki Sushi

Cucumber Hosomaki / 6Pcs	£2.90
Salmon Hosomaki / 6Pcs	£3.30
Tuna Hosomaki / 6Pcs	£4.30
Avocado & Asparagus Hosomaki / 6Pcs	£4.30
Spicy Tuna Roll / 8Pcs	£5.30
California Roll/8Pcs <i>cucumber, avocado, crabstick</i>	£4.30
Salmon Avocado Roll / 8Pcs	£5.20
Philadelphia Roll / 8Pcs	£5.70
<i>Fresh salmon, cream cheese, avocado and cucumber topped with tobiko</i>	
Tuna Avocado Combi Roll / 8Pcs	£7.90
Prawn Avocado Combi Roll / 8Pcs	£7.90
Unagi Avocado Combi Roll / 8Pcs	£7.90
<i>B.B.Q Grilled eel, avocado cucumber</i>	
Spicy Tuna Tempura Roll / 8Pcs	£7.90
<i>Fresh Tuna fried in a light Crisp batter with fresh avocado and crabstick</i>	
Spicy Salmon Tempura Roll / 8Pcs	£7.50
Vegetable Tempura Roll / 8Pcs	£6.50
Chicken Teriyaki Roll /8Pcs	£7.50
Salmon Teriyaki Roll /8Pcs	£8.50

	8pcs	4pcs
Dragon Roll	£11.00	£5.90
<i>An inside out sesame coated roll filled, ripe avocado and topped with teriyaki eel</i>		
Dynamite Roll	£11.00	£5.90
<i>Spicy tuna and salmon, white fish with tobikos</i>		
Soft Shell Roll	£11.00	£5.90
<i>Fried Soft Shell Crab, Crab Meat, Cucumber and avocado</i>		
Rainbow Roll	£11.00	£5.90
<i>Ocotopus, Tuna, Salmon, Crabstick, Prawn and avocado</i>		
Salmon Paradise	£11.00	£5.90
<i>An inside out seasam coated roll and ripe avocado, wrapped with fresh salmon and delicately topped with shining ikura (salmon roe)</i>		
Prawn Tempura Crunch Rolls	£11.00	£5.90
Prawn Tempura Avocado Roll	£11.00	£5.90
Gold Casino Roll	£11.00	£5.90
<i>Fresh salmon, Tuna, crabstick, avocado, Tamago, cram cheese roll it up, deep fried with teriyaki sauce</i>		

## Nigiri Sushi *Hand pressed sushi with rice (2pcs)*

Tuna Sushi	£3.30
Salmon Sushi	£2.90
Prawn Sushi	£2.90
Tamago Sushi <i>(Sweet egg omelette)</i>	£2.90
Inari Sushi <i>(rice in sweet, fried beancurd parcels)</i>	£2.90
Unagi Sushi	£3.90
Sweet Prawn Sushi	£3.30
Octopus Sushi	£2.90
Saba Sushi <i>(Mackerel)</i>	£2.90

Sea Bass Sushi	£2.90
Tobiko Sushi <i>(Flying fish roe)</i>	£3.90
Ikura Sushi <i>(Salmon roe)</i>	£3.90

## Sashimi *(Cut slices of fish)*

Tuna	(5pcs) £7.90	(8pcs) £11.00
Salmon	(5pcs) £6.50	(8pcs) £9.00
Mixed Sashimi <i>7 pcs of Tuna, Salmon, Sweet Prawn</i>		£9.00

## Temaki Roll *(hand roll sushi)*

Salmon Avocado Temaki / 1 pc	£3.20
Spicy Tuna Temaki / 1 pc	£3.20
Vegetarian Tempura Temaki / 1 pc	£2.80
California Temaki / 1 pc	£3.20
Prawn Tempura Temaki / 1 pc	£3.60
Soft Shell crab Temaki / 1 pc	£3.60

## Sushi set

Single Mix Set <i>Tuna &amp; salmon sushi 6pcs roll 8pcs</i>	£11.50
Sushi + Sashimi set <i>6pcs sashimi and 8pcs sushi (nigiri and maki sushi)</i>	£13.00
Sushi + Udon set	£9.50
<i>2 pcs of California roll, 4 pcs of Nigiri, 4 Pcs of Hosomaki &amp; vegetable Udon soup</i>	
Salmon set <i>6pcs of salmon nigiri, 8 pcs of salmon &amp; avocado roll</i>	£11.50
Tuna Set <i>5pcs of tuna nigiri, 8pcs of spicy tuna roll</i>	£13.00
Mixed Sushi set <i>10pcs of nigiri sushi</i>	£11.90
Chirashi Sushi set <i>Bowl of rice topped with variety of sashimi</i>	£12.90
Deluxe Sushi set <i>5pcs of tuna, salmon sashimi, 4pcs of tuna, salmon, prawn nigiri 3 pices of special sushi with mixed tempura</i>	£16.90
Standard set <i>6pcs of Nigiri, 4pcs of California roll, 4pcs of salmon avocado roll 8pcs of roll. 1 pc of spicy tuna temaki roll</i>	£18.90
Family Set	£38.00
<i>10pcs of Nigiri, 4 pcs of prawn tempura roll, 4pcs of salmon avocado roll, 10pcs of roll, 2pcs of salmon avocado temaki roll, 8pcs of sashimi (salmon and tuna)</i>	

## STARTERS

Edamame	£3.90
Raw Salad <i>A combination of mixed leaves, carrot, spring and red onions, garnished with fried shallots and served with house dressing</i>	£3.90
Wakame Salad <i>Japanese seaweed</i>	£3.90
Salmon Avocado Salad <i>with Japanese dressing</i>	£5.90
Gyoza <i>Chicken 5pcs Prawn 5pcs Yasai 5pcs</i>	£3.90
Spicy Tofu Tempura	£4.50
Agedashi Tofu <i>Deep Fried Tofu in Tempura Sauce</i>	£4.50
Takoyaki <i>Octopus (Tako) balls</i>	£4.90
Kara-age Chicken Wings	£5.50
<i>Crispy seasoned chicken wings with Chilli garlic sauce</i>	
Vegetable Tempura	£7.20
King Prawn Tempura	£7.90
Kanpoongi <i>Lightly battered chicken in a chilli and garlic sauce</i>	£5.50

Vegetable roll	£3.90
<i>Vegetable wrapped in crispy pancake oil with sweet chilli sauce</i>	
Stir-fried Squid chilli	£4.90
Ebi Katsu <i>Deep fried prawn served with a spicy chilli and garlic sauce, garnished with lime</i>	£4.90
Pumpkin Croquette <i>With Katsu Sauce &amp; Salad</i>	£4.90
Sweet Potato Croquette <i>with Katsu Sauce &amp; Salad</i>	£4.90

## Duck

Roast Duck <i>Served with pancake, spring onion and cucumber</i>	
Quarter	£8.90
Half	£16.90
Whole	£29.90

## NOODLES (STIR FRIED)

### Ramen

House Ramen <i>Stir-fried noodles with chicken, beef, prawn, egg with variety of seasonal vegetables</i>	£6.90
Chilli Beef Ramen	£6.90
Seafood Ramen	£6.90
<i>Prawn, squid, fish cake egg and variety of seasonal vegetables</i>	

### Yaki Soba

House Yaki Soba <i>Srir-fried noodle with chicken, beef, prawn, egg with variety of seasonal vegetables</i>	£6.90
Chilli king prawn yaki soba	£7.50
Chilli Chicken yaki Soba	£6.90
Chicken Teriyaki Soba <i>Grilled chicken</i>	£8.50

### Udon

House Yaki Udon <i>Stir fried Japanese thick white noodle with chicken, prawn, beef, onion, carrot, green &amp; red pepper, egg, beansprout and garnished with sesame seed and spring onion</i>	£6.90
Seafood Yaki Udon	£6.90
House amai Udon <i>Stir-fried udon noodle in a tamarind sauce with chicken, beef, prawns, onions, egg, tofu, beansprouts, green and red peppers sesame seeds, spring onions with peanuts and lime</i>	£7.50
Vegetable amai Udon	£6.90
Spice Tofu Udon	£6.90

### Chow Mein, Vermicelli

House fried chow mein <i>Stir fried egg noodle with chicken, prawn, beef, onion, egg, carrot, green, red pepper, bean sprout and spring onion</i>	£6.90
Chilli king prawn chow mein	£7.50
House vermicelli in Singapore style	£6.90
<i>Spicy noodles included, prawn, beef, chicken, egg red and green peppers, fresh chilli, beansprouts and onions</i>	
Fried vegetable vermicelli	£6.50

## NOODLE IN SOUP

### Ramen

Miso Chicken Ramen Soup	£7.90
Chilli Beef Ramen Soup 🌶️	£8.50
Wanton Ramen Soup	£8.50
<i>Topped with dumplings containing prawn, chicken</i>	
Spicy Seafood Ramen Soup (Jjam Bbong) 🌶️🌶️	£8.50
<i>Prawn, squid, crabstick, fish cake, wakame, mema and variety of seasonal vegetables</i>	

### Udon

Seafood Udon Soup	£8.50
<i>Prawn, squid, crabstick, fish cake, wakame, mema and variety of seasonal vegetables</i>	
Prawn Tempura Udon Soup	£8.90

### Kare men

Kare men 🌶️	Chicken £8.50 Prawn £8.90
<i>A spicy soup made from lemongrass, coconut milk, shrimp paste, red chillies, fresh ginger and galangal, served with ramen noodle and garnished with a marinated and chicken breast, beansprouts, cucumber, fresh coriander</i>	
Vegetable Kare men 🌱 🌶️	£7.90

## BENTO

Special Sashimi Bento	£14.00
<i>Sashimi (6pcs of sashimi), kingprawn &amp; vegetable tempura, sushi, miso soup</i>	
Special Maki Bento	£13.00
<i>Sushi (4pcs of California Roll, 2pcs of Salmon Paradise 4 pcs of Gold Casino Roll) kingprawn &amp; vegetable tempura, miso soup</i>	
Salmon Teriyaki Bento	£10.50
<i>with sushi, gyoza, edamame, salad, rice, miso soup</i>	
Beef Teriyaki Bento	£10.50
<i>with sushi, gyoza, edamame, salad, rice, miso soup</i>	
Chicken Teriyaki Bento	£9.50
<i>with sushi, gyoza, edamame, salad, rice, miso soup</i>	
King Prawn Tempura Bento	£10.90
<i>with sushi, gyoza, edamame, salad, rice, miso soup</i>	
Spicy Tofu Tempura Bento 🌱 🌶️	£9.50
<i>with v-sushi, v-gyoza, edamame, salad, rice, miso soup</i>	

## DON BURI

*Large Bowl of steamed rice topped with vegetable & a choice of meat or fish and miso soup*

Chicken Katsu Don	£7.90
<i>Crispy seasoned chicken cutlet coated in breadcrumbs with Don Buri sauce</i>	
Pork Katsu Don	£7.90
<i>Crispy pork cutlet coated in breadcrumbs Don Buri sauce</i>	
Duck Namban Don 🌶️	£8.90
<i>Slices of roasted duck glazed with a special plum sauce and freshly sliced cucumber</i>	
Eel Don Teriyaki style eel with a sweet, thick soy sauce	£11.90
Beef Gyu Don Thinly sliced beef marinated in sweet soy sauce	£8.90
Spicy Tofu Tempura Don 🌱 🌶️	£7.50
<b>New</b> Spicy Chicken Don 🌶️	£8.50
<i>Stir fried chicken and spring onions with spicy kimchi style chilli sauce</i>	
Spicy Pork Don 🌶️	£8.50
Ten Don king prawn and vegetable tempura with sweet soya sauce	£9.90

## RICE DISH

<b>Curry</b> Served with boiled rice, green salad and miso soup	
Chicken Katsu Curry	£7.90
Chicken Curry Udon <i>with udon noodle</i>	£7.90
Pork Katsu Curry	£7.90
Monk Fish Katsu Curry	£8.90
Yasai Katsu Curry 🌱	£7.90
<i>Sweet Pumpkin, aubergine, green and red pepper, onion</i>	
<b>Teriyaki</b> Served with boiled rice, green salad and miso soup	
Chicken Teriyaki Grilled chicken & vegetable	£7.90
Salmon Teriyaki	£8.90
Tuna Teriyaki	£9.50
Duck Teriyaki	£8.90
Beef Teriyaki	£8.90
Tofu Teriyaki 🌱 Tofu steak	£7.50



\*Japanese Food -Delicious, Healthy and Delicately Beautiful

### Home Delivery Service

- \* Minimum order £15.00, Please order 30-50 mins advance for deliveries
- \* We accept Cheques with a valid cheque guarantee card
- < Cheque pay to : Sushi Eye Ltd >
- \* Debit & credit cards are not accepted.
- \* We deliver to within a 3-mile radius but reserve the right to refuse delivery.

[www.noodlefoodle.co.uk](http://www.noodlefoodle.co.uk)

## Japanese Restaurant

# Noodle Foodle

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### TAKEAWAY MENU

# 020 8540 6963

### OPENING HOURS

Mon - Fri	12 Noon	3:00pm
	5:00pm	11:00pm
Sat - Sun	12 Noon	11:00pm